

FUN FITNESS CLASS FOR KIDS

£5
PER
SESSION

AGES
5-11

FRIDAY'S
3.45-
4.45PM

AGES
12-15

FRIDAY'S
4.45-
5.45PM

£5
PER
SESSION

TEEN FITNESS

[GYM FLOOR
COACHING]



SPORTING START

AF / Absolute
Fitness

Absolute Fitness, Unit 2 Brick Yard Lane, Boroughbridge

FOR MORE INFORMATION PLEASE CONTACT
info@absolutefitnessgym.co.uk T: 01423 323241