

# FUN FITNESS CLASS FOR KIDS

£5  
PER  
SESSION

AGES  
5-11

FRIDAY'S  
3.45-  
4.45PM

AGES  
12-15

FRIDAY'S  
4.45-  
5.45PM

£5  
PER  
SESSION

# TEEN FITNESS

[GYM FLOOR  
COACHING]



SPORTING START

**AF** / Absolute  
Fitness

Absolute Fitness, Unit 2 Brick Yard Lane, Boroughbridge

FOR MORE INFORMATION PLEASE CONTACT  
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